



# Newsletter



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## Recent Jobs Awarded

Sharp 7384 Penn Drive

Guardian 1605 N. Cedar Crest Blvd.

Lehigh Valley Active Life

Frites LV Mall

St. Luke's Quakertown Office Renovation

HAF Metropolitan Staple Fit Out

Lafayette College - 511 Hamilton Street

Trane - St. Luke's AC-5

LVHN - Bangor Pharmacy

NCC College Center Fiber

Energys Ambassador Drive Relocation

Behr Paints

## Job Highlight



For nearly 20 years, Kraft Foods Lehigh Valley has relied on excellent service provided by West Side Hammer Electric. Whether it be a production related project, a maintenance related task, or a power distribution upgrade, WSHE has consistently surpassed Kraft's expectations.

Starting in the mid 90's with an ammonia refrigeration system overhaul, led by Glenn Wescoe, we have become a constant presence in the Lehigh Valley facility. Over the years, the changes in the 1,000,000+ sq. ft. building have been abundant. From the production/process of making cheese, salad dressing and mayonnaise, to more current items like A1, Grey Poupon and assorted single serve coffee pods, we have accepted the challenges offered to us and have evolved into a leader in plant wide activities. It has not always been an easy road to travel, but with the excellent team like support from the shop and people like Rich Luther, Jason Rupert, Lou Stellato, Don Kuklinski, Kris Steele, Charlie Krial ...and the list goes on, we have sustained a high level of professionalism. Backed by our attention to detail and constant vigilance to safety, it seems certain that this relationship will continue.

John Fuss

## Code of Excellence



This month our big winner is **Jason Frey.**

Jason has been a great asset to the crew at CVIP in the past few years, but recently I have given him more responsibility and he has stepped up with no problems or complaints. He has a great work ethic and is very efficient with everything that he does. He has really taken a lot of the weight off of my shoulders. Great job Jason.

Jay Kelly  
Foreman



## Safety Award



This month the Safety Award goes to **Ryan Frye.**

Ryan is always on top of his safety game. He never needs to be told to wear his hard hat, safety glasses, or gloves. Ryan always uses tools in the proper manner. If there are any hazards present, Ryan is the first to bring it to the foreman's attention and offers smart solutions. Ryan is a great asset to the job, safety wise, and in every other aspect. Keep up the good work Ryan!



## Purchasing

We would like to welcome Chris Messinger to the Purchasing staff. Chris will be working with Tony and Ed learning the ropes. But first, he working with Joe and getting to know the inventory very well. Welcome Chris.

## Safety – Meagan Cunningham

With the new year in full swing we are releasing the Training Schedule for the next 6 months.

Please be aware of the dates and call to sign up for a class. If you have a different idea or need specific training on a job also please let us know as soon as possible so we can schedule that as well.

### **SAFETY TRAINING SCHEDULE: 2015**

1. OSHA REVIEW, **THURSDAY JANUARY 29TH**
2. CONFINED SPACE TRAINING **TUESDAY FEBRUARY 24TH**
3. OSHA REVIEW, **THURSDAY MARCH 26TH**
4. LIFT TRAINING, AERIAL, BOOM AND BUCKET **TUESDAY, APRIL 28TH**
5. LOTO TRAINING, **THURSDAY MAY 28TH**
6. LIFT TRAINING, AERIAL, BOOM AND BUCKET **TUESDAY JUNE 30TH**
7. LOTO TRAINING, **THURSDAY JULY 30<sup>TH</sup>**

Please also remember all CEU Credits are due to the City by the end of January.

Also, we were just sent an updated list of our Panel Providers for Workman's Comp. Injuries:

These are the facilities that are approved and preferred by our Insurance Company

**St. Luke's North Occupational Medicine**

153 Broadhead Road  
Bethlehem, PA 18017  
484-526-3223

**Cedar Crest Emergi Center**

1101 S. Cedar Crest Blvd.  
Allentown, PA 18103  
610-435-3111

**St. Luke's Orthopedic Specialists**

801 Ostrum Street  
610-954-1735

**OAA Orthopedic Specialists**

250 Cetronia Road  
Allentown, PA 18104  
610-973-6200

**Bethlehem Eye Associates**

800 Eaton Avenue  
Bethlehem, PA 18018  
610-691-3335

**St. Luke's Neurology**

240 Cetronia Road  
Suite 210A  
Allentown, PA 18104  
610-366-9160

Also remember, as soon as an injury does occur, please contact Meagan as soon as possible so we can report it to the Insurance Company.

Any Questions please call the office.

**[375 IBEW Training](http://www.ibew375.org)**

For a complete list of classes at the hall go to [www.ibew375.org](http://www.ibew375.org)

## **New Hires**



### **Chris Messinger**

Chris will be working in the purchasing department with Tony and Ed. Chris was a generator technician before coming on board. He has 2 boys and resides in Rosetto. Chris is going to school at night for Electromechanical and is in the Army reserves for 10 years.

### **Ellis Jones**

Ellis comes to us from Local 380 where he spent the last 19 years, departing as a foreman. Ellis is in training for Project Manager. He has a daughter and a son and resides in East Greenville. Ellis likes to play the drums, scuba dive, and fish.

**Welcome Chris and Ellis!**

## **MONTHLY PHOTO CONTEST**

### **PHOTO OF THE MONTH!**



### ***Ring in the 80<sup>th</sup> Anniversary of WSHE !***

We are looking for new updated job site photos. Get your phone or camera out and take some great pictures of jobs in progress or completed. Take some job site photos with our men working SAFELY. Send in as many photos as you can! There will be a winner chosen each month. Your photo could be the next great picture posted on our website!!! Please email all photos to Meagan Cunningham at [mmcunningham@westsidehammer.com](mailto:mmcunningham@westsidehammer.com)

Community

NEEDED

## WINTER CLOTHING

Lehigh Valley Electricians Local 375 is sponsoring a winter clothing drive to help out the underprivileged families in our local communities. All donations are greatly appreciated and can be **dropped off at the office Monday-Friday 8:00am – 4:00 pm through February 11, 2015, or at the union hall, Monday through Friday from 8:00 am – 5:00 pm.** The last day donations will be accepted at the hall is Thursday, February 12, 2015. All clothing will be donated to The Neighborhood Center located in Allentown. Thank you for your support.



**Check out the billboard that was on Rt. 22 on January 23!**



**Sands Event Center Upcoming Events**

<http://www.sandseventcenter.com/events/>

For Up-to-date Allentown Events go to:

<http://www.allentownpa.gov/Community/Events>

For Up-to-date Easton State Theatre Events go to:

<http://statetheatre.org>

**February Observances**

**American Heart Month**

**International Boost Self-Esteem Month**

**National Black History Month**

**National Time Management Month**

**Youth Leadership Month**

**02/09-15 Random Acts of Kindness Week**

**02/01 Freedom Day**

**02/01 Super Bowl XLIX – Pates vs. Seahawks**

**02/02 Groundhog Day**

**02/03 Full Moon – 6:09 PM EST**

**02/04 Facebook's Birthday**

**02/06 Girl Scout Cookie Day**

**02/08 Boy Scout Anniversary Day**

**02/11 Make a Friend's Day**

**02/12 Lincoln's Birthday**

**02/14 Valentine's Day**

**02/16 NBA All Star Game**

**02/16 President's Day**

**02/16-17 Westminster Dog Show**

**02/17 Mardi Gras**

**02/19 Chinese New Year – The Year of the Goat**

**02/22 Daytona 500**

**02/22 87<sup>th</sup> Academy Award**

**02/22 National Margarita Day**

**02/26 National Chili Day**



## **February Birthday's**



### **To:**

**02/04 Tom Breznitsky**  
**02/05 Jeremy Hausman**  
**02/06 Shawn Musike**  
**02/10 Ellis Jones**  
**02/12 Raul Gonzalez**  
**02/16 Dennis Bednarcik**  
**02/16 John Fuss**  
**02/18 Justin Fox**  
**02/21 Kyle Ebert**  
**02/26 Steve George – Big Birthday**

### **Quote**

***No one's ever achieved financial fitness with a January resolution that's abandoned by February.***

***Suze Orman***

